

Centennial Champions

100th year of service



Cheers to 100 Years

SPONSOR A PRESCHOOL CLASSROOM!

Our classrooms are where students learn how to be successful! Contribute to their education by providing the items below to keep our classrooms stocked and ready to go. Whether you purchase a few off Amazon, or host a virtual collection drive, every bit helps.

- Provide our students with the following high-need items:
 - Glue Sticks
 - Markers
 - Construction Paper
 - <u>Highlighters</u>
 - <u>Crayons</u>
 - Colored Pencils
 - Chalk
 - Playdough
 - Arts and Crafts Pipe Cleaners
 - Arts and Crafts Pom Poms
 - Arts and Crafts Stickers
 - Arts and Crafts Glitter
 - Baby Wipes
 - Clorox Wipes
 - <u>Cleaner</u>
 - Hand Soap
 - Animal Cracker Snacks
 - Goldfish Snacks
 - o Baby Food Level 1
 - o Baby Food Level 2

- Lysol Disinfecting Spray
- Triple AAA Batteries
- Tri-Fold Poster Board
- Host a virtual book drive! Collect 100+ children's books and donate them to our library
- Donate outdoor toys to our Preschool's outdoor playground



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SUPPORT OUR SENIORS!

Our senior friends in the community are a vulnerable population. Here at St. Luke's we find ways to bring them community, connection, and nourishment. Supporting our senior programming means you can lift the hearts of our aging adult community!

- Deliver 100 Mobile Meals to home-bound seniors in 37209
- Provide items for Senior At-Home Kits:
 - Swiffer Wet Jet

 - o <u>Brooms</u>
 - o Mops
 - Pledge Cleaner
 - Lysol Wipes
 - Toilet Bowl Cleaner

- All Purpose Spray
- Scrubbing Bubbles
- Hand Soap
- Laundry Detergent
- Cosmetic Bags
- Bounce Wrinkle Guard
- Write birthday cards for our Mobile Meals recipients
- Sponsor a senior! Provide \$625 to cover the cost of their Mobile Meals delivery for 100 days
- Donate gift cards for seniors to socialize at local restaurants





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SUPPORT OUR FAMILY RESOURCE CENTER!

Our Family Resource Center (FRC) exists to meet the most basic needs of low-income families in Davidson County. When you support our FRC, you provide assistance to at-risk children and families as they face any number of barriers to leading a healthy and productive life.

- Host a socially-distanced food drive to support our Food Pantry and collect nonperishable items
- Share extra produce from your garden with the Food Pantry
- Shop our Amazon Wish List for these highdemand items to stock our Family Resource Center:
 - **Baby Wipes**
 - Size 6 Baby Diapers
 - Size 5 Baby Diapers
 - Size 4 Baby Diapers
 - **Enfamil Baby Formula**
 - **Tampons**
 - **Sanitary Napkins**
 - **Facial Tissue**
 - **Toothbrush Kits**



- **Body Soap**
- Men's Deodorant
- Women's Deodorant
- <u>Shampoo</u>
- Conditioner
- Bar Soap
- Face Wash
- **Adult Men's Diapers**
- **Adult Women's Diapers**
- **Laundry Detergent**
- Dish Wash
- **Toilet Bowl Cleaner**
- **Toilet Paper**
- **Paper Towels**
- <u>Sponges</u>
- Dog Food
- Cat Food







ST. LUKE'S COMMUNITY HOUSE

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WHAT CAN A \$100 DONATION DO?

Will you consider donating \$100 in honor of our 100th year? Here are some of the amazing ways your \$100 provides for our community:

\$100 pays for the preparation and filing of 2 tax returns

\$100 feeds a preschool child their breakfast, lunch, and snack for 12 days

\$100 provides 1 week of Senior Friends activities to 1 senior







\$100 provides 1 week of classroom teaching materials for 3 classrooms





\$100 delivers 16 Mobile Meals to home-bound seniors





\$100 subsidizes 3 days of childcare for a child







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OTHER WAYS TO SUPPORT ST. LUKE'S

- Mulch the playground
- Trim shrubs and bushes around our Campus
- Subscribe to our newsletter
- Follow us on social media

- Share information about
 St. Luke's to those in
 need
- Donate maintenance equipment to upkeep our building
 - Ask your work place to sponsor a matching gift







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RESTAURANT GIVE BACK NIGHTS

Consider hosting a give back night at your restaurant or bar in honor of St. Luke's 100th year of service!

For 100 years, St. Luke's Community House has served the Nashville community. As the community has changed throughout the years and individual needs have evolved, **St.** Luke's has continually adapted its services to best provide for low-income and vulnerable people. St. Luke's exists to educate, enrich, and empower our community members - when you give through us, you provide for your community!





